

Restorative Learning Process

Name:

Date/Time:

Location:

STEP 1 – Take personal responsibility: What happened? What was your role in the incident?

STEP 2 – Positive Peer Culture: what kind of approach were you using in relation to others?

low self esteem	easily mislead	substance use	globalizing
authority problem	instigates others	fronting	avoidance
misleads others	anger issues	black/white thinking	victim mentality

Describe in your own words:

STEP 3 – Locus of Control: What % of the responsibility is yours?

0% 25% 50% 75% 100%

STEP 4 – Ripple Effect / Restoration

Ripple Effect – list who and what was negatively impacted by your choices/behavior	→	Restoration – how will you repair the harm or damage?
•	→	•
•	→	•
•	→	•
•	→	•
•	→	•

STEP 6 – Processing: what did you hope to accomplish when you used the behavior described above?

STEP 7 – The Plan: in the future, how will you behave differently and what SPECIFIC skills and strategies will you use in order to make positive choices? What resources will you need to help you with this plan? (People, structures, reminders, internal/external supports).